We understand that parenting young children today is quite a challenge, and many parents wonder what services are available to help them in this important role. The Parent Helpbook has been created to connect Alexander County families to the services they need to make sure their children are able to reach their fullest potential.

The Alexander County Partnership for Children’s mission is to ensure that all children enter school healthy and ready to succeed. We are primarily funded through the state of North Carolina’s Smart Start Initiative and the NC Pre-Kindergarten Program. Our services include technical assistance and training for early childhood education providers, childcare subsidies, childcare resource and referral services, parent education and support, and early literacy programming.

The Alexander County Local Interagency Coordinating Council (LICC) is a community-based advisory group comprised of local service providers and parents that work together to make sure that all families know about early intervention services. The role of LICC is to develop and distribute county specific public awareness and child find materials; support interagency partnerships and information sharing; promote parent and family involvement in all community events; and support community efforts that involve children with special needs and their families.

We hope that your family will find this Parent Helpbook to be a valuable resource as you continue on your parenting journey!
Subject Area Index

Multi-Service Agencies.................................................................3
Alexander Co. Emergency Services ............................................7
Alexander Co. Government Services ...........................................9
Academic/School Information .....................................................11
Assistance: Food, Financial, etc. ...............................................16
Child Care .................................................................................21
Children’s Services ....................................................................24
Children’s Activities ....................................................................29
Dental Care ..................................................................................36
Domestic Violence Services .......................................................37
Employment and Job Training ....................................................38
Housing: Assistance & Emergency .............................................40
Immigrant & Latinx Resources ...................................................42
Legal Services ..............................................................................43
Medical Care ..............................................................................48
Medication Assistance ...............................................................53
Mental Health Care ....................................................................56
Substance Abuse Treatment .......................................................62
Parenting Groups/Classes ..........................................................65
Pregnancy Help ...........................................................................67
Transportation ............................................................................68
Vision Services ...........................................................................68
Other Helpful Resources ............................................................70

Special Program Pages

Car Seat Safety ...........................................................................6
Developmental Milestones .........................................................27
Imagination Library .................................................................back page
Immunizations ..........................................................................47
NC Pre-Kindergarten Program ...............................................12
Safe Sleep ...................................................................................64
Multi-Service Agencies in Alexander County

Alexander County Department of Social Services
828-632-1080
604 7th St SW, Taylorsville, NC 28681
Hours: Mon-Fri 8:00 AM to 5:00 PM
www.alexandercountync.gov/dss/

Administers federal, state, and county programs focused on improving the well-being and self-sufficiency of our citizens.

More Info on DSS Services:

• **E-Pass (Electronic Pre-Assessment Screening Service) Customer Service:** 888-622-7328
  www.epass.nc.gov
  A tool that lets you check on and apply for available benefits (SNAP, WIC, and Medicaid) online. Shows you the benefits for which you may be eligible, and the forms that will be required to apply. It can also help you decide if you want to apply for assistance.

• **SNAP (Supplemental Nutrition Assistance Program)**
  Helps low-income people buy the food they need for good health. SNAP benefits are not cash. SNAP benefits are provided on an electronic card that is used like an ATM or bank card to buy food at most grocery stores.

• **Adult, Family, and Children’s Medicaid**
  Health insurance program for those whose income is below amounts set by the federal and state government. Eligibility varies by age, income, and disability. It helps with medical bills such as doctor fees, prescription drugs, and hospital charges.

• **Work First Benefits**
  Assists individuals with children in the home to earn a cash payment while seeking employment or education. Former recipients qualify for one time Retention Services aid.

• **Utility/Crisis Assistance**
  Provides funds for assistance with payment of rent, deposits, power/water bills, car repair, and more (varies by program). Programs include 200% Fund, Emergency Assistance, Benefit Diversion, and Low-Income Energy Assistance (LIEAP).

• **Child and Adult Protective Services**
  Assesses or investigates reports of child abuse, neglect, or dependency. Works with the family to identify and correct the cause of child maltreatment. For adults 18 and older, investigates reports of adult abuse, neglect, or exploitation.

• **Foster Care Program**
  A temporary living arrangement for abused, neglected, and dependent children who need a safe place to live when their parents or relatives cannot take care of them.

• **Medicaid Transportation**
  Alexander County Department of Social Services schedules medical appointment transportation for those with Medicaid.

• **Subsidized Child Care**
  Subsidized childcare program funded through state and federal dollars to assist parents with the cost of childcare.
**Alexander County Health Department**  
828-632-9704  
338 1st Ave SW, Taylorsville, NC 28681  
Hours: Mon-Fri 8:00 AM to 5:00 PM  
[www.alexanderhealth.org/](http://www.alexanderhealth.org/)

Provides a variety of health and medical services on sliding fee scales, regardless of residency or citizenships status. Accepts Medicare and Medicaid. Spanish translation available.

- **Adult and Children’s Health Clinics**  
  For adults, offers sick and well visits, limited medication management, STD clinic (prevention, testing, and treatment), women’s health services (PAP smear, breast exams, pregnancy testing and prenatal care). For children, offers sick and well visits, physical exams, laboratory testing, vision and hearing screenings, and developmental testing.

- **Immunization Clinic**  
  Walk-ins welcome, no appointment needed.  
  Hours: Tues & Wed 1:00 PM to 4:30 PM, Fri 8:00 AM to 12:00 PM

- **Mental and Behavioral Health Counseling**  
  Outpatient mental and behavioral health counseling for children, adolescents, and adults. Accepts insurance or offers services on a sliding fee scale.

- **Care Coordination for Children (CC4C)**  
  Care management program for children birth to 5 years of age that have, or are at risk for, chronic physical, developmental, behavioral, or emotional conditions that may need health or related services for an extended amount of time. Referrals are made for well visits, immunizations, and/or developmental screenings.

- **Women, Infants, and Children Program (WIC)**  
  Program for women and children (birth to 5 years) that provides breastfeeding support, nutrition education, food instruments, and cash-value vouchers for a variety of healthy foods and formula (only for birth to 12 months).

- **Children’s Dental Clinic**  
  Phone: 828-632-9704 Ext 481  
  Hours: Mon-Thurs 8:00 AM to 5:00 PM  
  Provides a variety of dental services for children birth through 18 years. Insurance accepted: Medicaid, NC Health Choice, private insurance, or self-pay. Self-Pay will have a sliding fee scale based on income and number in household. Pay at time of service.
The Bridge Community
828-352-9579
54 E Main Ave, Taylorsville, NC 28681
PO Box 663, Stony Point, NC 28678
www.the-bridge-community.org

- **Medication Assistance**
  Free medication assistance for uninsured qualifying individuals. Call for appointment.

- **Community Referrals and Vouchers**
  Comprehensive knowledge of and partnership with a variety of local helping agencies to link people with crisis assistance, food, access to vision and healthcare, and more. Provides vouchers for clothing, household items, and transportation.

- **Emergency Housing and Food**
  Temporary emergency shelter for homeless individuals and families during severe weather. Partners with local motels and restaurants to provide these services.

- **Free Community Events**
  Health Fairs, Family Activity Days, and Back to School events that offer information, health services, food, children’s activities, and free giveaways. Check website for dates and locations.

Salvation Army
Taylorsville Thrift Store
828-632-3832
226 W Gate Dr, Taylorsville, NC 28681
Hours: Mon-Sat 9:00 AM to 6:00 PM
www.facebook.com/Salvation-Army-Family-Store-Taylorsville-North-Carolina-1800755423485551/
https://www.salvationarmycarolinas.org/

  Sells new and used clothing, furniture, and other household items at low cost with additional senior discounts. To qualify for the following, clients must call and speak with a Social Worker at:

  Hickory Salvation Army Crisis Help Line: 828-322-2535

- **Bill Assistance**
  Help with rent and utilities. Funds renew the first Tuesday of each month. Must have proof of bill or cutoff notice.

- **Clothing and Household Item Vouchers**
  Persons who have had a “total loss” may qualify for outfit vouchers (up to 5 per family member) and household item vouchers. Can be redeemed at any Salvation Army Location.

- **Food Assistance**— when available.

- **Salvation Army Shelter of Hope**
  Phone: 828-322-8061 or 828-324-6919 or 828-639-1641 for the Resident Manager
  750 3rd Ave PI SE, Hickory, NC 28602
  For men, women, and families. Doors open in winter at 3:30 PM, serves dinner at 5:00 PM and breakfast in the morning. Stays are time limited, typically 3 to 4 months. Residents must leave in the mornings. Clean linens and hygiene items are provided. A longer-term men’s only transitional housing has also been added to help those who are leaving correctional facilities.
Car Seat Safety

Motor vehicle crashes are the number one cause of death among children ages 1 to 19. A properly used child safety seat is required if the child is less than 8 years old AND weighs less than 80 lbs. Children should ride in the back seat until they are at least 13 years old.

The most important tip:

Keep your child rear-facing as long as possible. It is the best way to keep him or her safe. According to the American Academy of Pediatrics, children should travel in a rear-facing car seat until at least 2 years of age. Stay rear facing until your child has outgrown the car seat by weight or height.

Children may be secured in a properly fitted seat belt at age 8 (regardless of weight) OR at 80 pounds (regardless of age), whichever comes first. However, keep your child in a booster seat until he or she is big enough that the seat belt fits properly. Placing the shoulder belt under a child’s (or adult’s) arm or behind the back is both dangerous and illegal.

To make sure your car seat is installed properly or to get information about how to possibly get a safe car seat for your child, contact Safe Kids Alexander County at 828-632-3799.

Safe Kids Alexander County is focused on achieving one common goal: keeping your child safe. Safe Kids Alexander County is a coalition representing various organizations and agencies whose collective mission is to reduce accidental injuries of children ages 0-18 years. This coalition sponsors free community events such as Safe Kids Day, car seat check events and Operation Medicine Drop events.

For information on our free community events and other safety information go to https://www.facebook.com/safekidsalexander/ or call (828) 632-3799.
Alexander County Emergency Services

Alexander County Fire Department
www.alexandercountync.gov/departments/emergency-services/fire-marshal/
www.taylorsvillenc.com/fireDept.htm

Also responsible for inspections, investigations, education, and public presentations.

Locations:
- Bethlehem Fire & Rescue Department
  Phone: 828-495-7411  7373 NC HWY 127, Taylorsville, NC 28681
- Ellendale Volunteer Fire Department
  Phone: 828-632-2611  30 Ellendale Fire Dept. Rd, Taylorsville, NC 28681
- Hiddenite Volunteer Fire Department
  Phone: 828-632-3856  PO Box 72, Hiddenite, NC 28636
- Stony Point Volunteer Fire Department
  Phone: 704-585-2519  PO Box 146, Stony Point, NC 28678
- Sugar Loaf Volunteer Fire Department
  Phone: 828-632-5690  3564 NC Hwy 16 North, Taylorsville, NC 28681
- Taylorsville Central Alexander Fire Department
  Phone: 828-632-2060  173 Emergency St, Taylorsville, NC 28681
- Vashti Volunteer Fire Department
  Phone: 828-632-4344  21 Vashti Fire Dept. Rd, Taylorsville, NC 28681
- Wittenburg Volunteer Fire Department
  Phone: 828-632-6641  77 Wittenburg Rd, Taylorsville, NC 28681

Alexander County Emergency Communications
828-632-2911
29 W Main Ave, Taylorsville, NC 28681

Provides emergency communications services to other agencies in Alexander County including the Taylorsville Police Department, Alexander Emergency Medical Services, Alexander Rescue Squad, and eight volunteer fire departments. Make after hours reports to Child and Adult Protective Services through this number. If you need emergency assistance from Law Enforcement, Fire, EMS, or Rescue agencies, please dial 911.

Alexander Rescue Squad & EMS, Inc.
828-632-9410
197 Emergency St, Taylorsville, NC 28681
www.alexanderrescue.org/

Provides emergency services to Alexander County.
Alexander County Sheriff’s Department
828-632-1111 or 911
91 Commercial Park Ave, Taylorsville, NC 28681
www.alexandersheriff.org
Provides law enforcement services to the citizens of Alexander County.

- **Detention Center**
  Phone: 828-632-0304
  Men’s and women’s jail located next to the Sheriff’s office. Visitation is by scheduled appointments only. To schedule a visit, go to https://www.iwebvisit.com/ and create a free account.

- **County Magistrate**
  Phone: 828-632-3119
  Located next to the Sheriff’s office in the Detention Center. For citizens filing criminal charges such as assault, trespassing, larceny, undisciplined juvenile, etc.

Taylorsville Police Department
828-632-2218 or CALL 911
67 Main Ave, Taylorsville, NC
www.taylorsvillenc.com/policedept.htm
Provides law enforcement services within the town of Taylorville limits.

NC Highway Patrol
828-632-4976
2390 NC Hwy 90 W, Taylorsville, NC 28681
www.ncdps.gov
Primary mission is to reduce collisions and make the highways of North Carolina as safe as possible.
Alexander County Government Services

Alexander County Courthouse
828-635-3113
29 W Main Ave, Taylorsville, NC 28681
Hours: Mon-Fri 8:00 AM to 5:00 PM
www.nccourts.gov/locations/alexander-county

District and Superior Court District 22A. Court begins promptly each day at 9:00 am. Houses the following additional services:

- **Clerk of Court**
  Located in the lower level of the courthouse, for filing protection orders (domestic violence or other protection), filing for divorce, custody, or other non-criminal matters.

- **Juvenile Court Counseling Services**
  Phone: 828-635-6470
  Also located in the lower level of the courthouse. For filing juvenile charge. They also provide counseling, supervision, intervention, and referral services for children (and their families) facing juvenile charges.

- **Piedmont Mediation**
  Mediation services for certain criminal charges, assigned by the District Attorney.

Alexander County NC License Plate Agency
828-632-4463
85 E Main Ave, Taylorsville, NC 28681
Hours: Mon-Fri 9:00 AM to 5:00 PM
www.alexandercountync.gov/departments/nc-license-plate-agency/

For registering motor vehicles, renewing annual license plates, transferring motor vehicle titles, and issuing handicap tags. Cash, checks, credit, or debit cards are accepted.

Taylorsville Driver’s License Office
828-632-1159
2390 NC Hwy 90, Taylorsville, NC 28681
Hours: Mon-Fri 8:00 AM to 4:30 PM

For issuance and renewal of driver’s licenses, ID cards, license written tests, license road tests, commercial vehicle services, and CDL written tests.
Alexander County Services Center  
828-632-9332  
151 W Main Ave, Taylorville, NC 28681  
Hours: 8:00 AM to 5:00 PM  
www.alexandercountync.gov/  
Houses the Register of Deeds, County Planning and Development, Soil and Water, and Tax Office.

Alexander County Animal Services  
828-632-1199  
116 Waggin’ Trail, Taylorsville, NC 28681  
www.acpets.org/  
Offers animal adoption, lost and found, rabies, and spay/neuter clinics.

Alexander County Senior Center  
828-632-1717  
730 7th St, Taylorsville, NC 28681  
Hours: Mon-Thurs 8:00 AM to 5:00 PM, Fri 8:00 AM to 2:00 PM  
www.alexandercountync.gov/senior-center/  
Offers a variety of programs to older adults promoting education, social recreation, health and wellness, and partnering with a variety of agencies.  
- **Classes**  
  Include but are not limited yoga, Tai Chi, dancing, painting, scrapbooking, and multiple games.  
- **Resources**  
  There is a lending library of videos, books and periodicals, and internet access. There are also locations in Stony Point and Bethlehem.  
- **Health Initiatives**  
  They offer various screenings, mammograms, flu shots, monthly blood pressure checks.

Alexander County Cooperative Extension Center  
828-632-4451  
376 1st Ave SW, Taylorsville, NC 28681  
www.alexander.ces.ncsu.edu/  
A nationwide educational network that advances agriculture, the environment, health, and well-being of communities through educational classes, events, literature, and 4-H Youth Development.
Academic/School Information

Early Head Start
828-635-1479
401 E Main St, Taylorsville, NC 28681
www.enolagroup.org/family-resource-centers

Comprehensive, community-based program serving families and children from birth to age three and women who are pregnant. Services Include:

- **In-Home Education**
- **Child Development Center**
  Offers childcare services.
- **Other Services**
  Developmental screenings, assistance with well-baby checks and medical follow-up as needed, immunization, and assistance in accessing dental, vision, and hearing screenings.

Alexander County Head Start
828-632-3809
700 Liledoun Rd, Taylorsville, NC 28681
www.alexander.k12.nc.us/headstart

Provides comprehensive early childhood education, health, nutrition and parent involvement services to low-income children and their families. For children ages 3-5 only, transportation provided.

**Locations:**
- Stony Point Elementary School
- Wittenburg Elementary School

NC Pre-K
828-632-3799
1565 NC Hwy 90 W, Taylorsville, NC 28681
PO Box 1661, Taylorsville, NC 28681
www.alexanderchildren.org

A state funded community-based pre-kindergarten program that works to provide high-quality early education to qualified four-year-olds. Does not provide transportation.

**Locations:**
- First Baptist Church Child Development Center
- Hiddenite Elementary School
- Taylorsville Elementary School
- Bethlehem Elementary School
FREE PRE-K

Your child may be eligible for FREE pre-kindergarten in Alexander County.

Your child must turn 4 years old on or before August 31 of the current school year.

Stop by the Alexander County Partnership for Children’s office to pick up an application.
Open: Monday – Thursday, 8am – 5pm
1565 NC Hwy 90 W
Taylorsville, NC 28681
(1 mile past Food Lion on Hwy 90)

www.alexanderchildren.org

Call the Alexander County Partnership for Children at 828-632-3799 for more information.
Alexander County Schools  
828-632-7001  
700 Liledoun Rd, Taylorsville, NC 28681  
www.alexander.k12.nc.us/  
Children ages 3 and older receive free public and special education services as well as any needed educational therapies through the schools Exceptional Children’s Department.

- **Alexander Central High School**  
  Phone: 828-632-7063  
  223 School Dr, Taylorsville, NC

- **Alexander Early College**  
  Phone: 828-632-8221 ext.301  
  230 Industrial Blvd, Taylorsville, NC 28681

- **East Alexander Middle School**  
  Phone: 828-632-7565  
  1285 White Plains Rd, Hiddenite, NC 28636

- **West Alexander Middle School**  
  Phone: 828-495-4611  
  85 Bulldog Ln, Taylorsville, NC 28681

- **Bethlehem Elementary**  
  Phone: 828-495-8198  
  7900 NC Hwy. 127, Taylorsville, NC 28681

- **Ellendale Elementary**  
  Phone: 828-632-4866  
  175 Ellendale Park Ln, Taylorsville, NC 28681

- **Hiddenite Elementary**  
  Phone: 828-632-2503  
  374 Sulphur Springs Rd, Hiddenite, NC 28636

- **Stony Point Elementary**  
  Phone: 828-585-6981  
  311 Stony Point School Rd, Stony Point, NC 28678

- **Sugar Loaf Elementary**  
  Phone: 828-632-2192  
  3600 NC Hwy. 16 N, Taylorsville, NC 28681

- **Taylorsville Elementary**  
  Phone: 828-632-3809  
  100 7th St SW, Taylorsville, NC 28681

- **Wittenburg Elementary**  
  Phone: 828-632-2395  
  7300 Church Rd, Taylorsville, NC 28681

Alexander Christian Academy  
828-471-7826  
PO Box 38, Hiddenite, NC 28636  
www.alexanderchristianacademy.com/  
Christ centered, private, non-denominational, independently supported life preparatory Christian academy. Please call for tuition rates.

**Campus locations:**

- **Bethlehem Campus: Pre-K through 8th grade**  
  3919 Icard Ridge Rd, Hickory, NC 28601

- **Hiddenite Campus: K through 8th Grade**  
  250 Hiddenite Church Rd, Hiddenite, NC 28636

- **Calvary Chapel Campus: High School**  
  61 C.I. Chapman Ct, Taylorsville, NC 28681
**Millersville Christian Academy**  
828-352-9600  
130 Millersville Church Rd, Taylorsville, NC 28681  
www.millersvillechristianacademy.org  
Private, Christian academy with a Christ-focused curriculum. Beginning in the 2021-22 school year they will accept kindergarten through 6th grade. Each subsequent year going forward at least one additional grade will be added. Admission requires an application, $250 application fee, prior transcripts, interviews, and references. Please contact for tuition rates.

**Catawba Valley Community College- Alexander Center**  
828-632-8221 (Taylorsville) or 828-327-7000 (Hickory)  
345 Industrial Blvd, Taylorsville, NC 28681  
www.cvcc.edu  
http://www.cvcc.edu/about_us/buildings_centers/alexander_Center/index.cfm  
CVCC is an innovative, comprehensive community college that fosters and promotes a multitude of learning experiences. Adult basic skills programs are free to adults who seek to improve skills or complete a high school diploma.

**NC School for the Deaf**  
828-432-5200  
517 W Fleming Dr, Morganton, NC 28655  
www.ncsd.net/  
A day/residential facility for the education of children who are deaf and hard of hearing. Located on a beautiful and historic 160-acre campus in Morganton.

**Antioch Baptist Church**  
828-632-2929  
580 Antioch Church Rd, Taylorsville, NC 28681  
www.welcome2antioch.org/  
AWPalmer@antioch580.org  
Offers a tutoring program for students from Ellendale Elementary with homework needs.

**East Taylorsville Baptist Church**  
828-632-2564  
644 1st Ave Dr SE, Taylorsville NC 28681  
www.easttaylorsville.com/tutoring/  
Offers tutoring available through the church ministry.
Sulphur Springs Baptist Church
828-929-9144
116 Patterson Rd, Hiddenite NC 28636
Hours: Every Wed. 3:30 PM to 7:45 PM (only during the school year)
www.sulphurspringsbc.com/tutoring-ministry
Program for East Alexander Middle School students. Provides tutoring, dinner, and an optional adolescent geared small group church session. Applications available through the website.

Exceptional Children’s Assistance Center (ECAC)
800-962-6817 or 704-892-1321
907 Barra Row, Suites 102 & 103, Davidson, NC 28036
www.ecac-parentcenter.org
A private non-profit parent organization which helps parents navigate the special education system, know their rights, and use their voice. Provides information, support, training, and resources to assist families caring for children with special needs from birth to age 26.

Alexander County Library
Main Branch (Taylorsville): 828-632-4058
77 1st Ave SW, Taylorsville, NC 28681
www.alexanderlibrary.org/
Bethlehem Branch: 828-495-8753
45 Rink Dam Rd, Hickory, NC 28601
Stony Point Branch: 828-632-4058
431 Ruritan Park Rd, Stony Point, NC 28678
Provides books, music, newspapers, magazines, public access computers, wireless internet hotspot, local history collection, online databases, online learning (with continuing education credits), educational programs for all ages, answers to questions, and opportunities for education, communication, and interaction.

NC Early Intervention Library
800-962-6817, ext. 13
www.beearly.nc.gov
907 Barra Row, Suites 102 & 103, Davidson, NC 28036
As a service provider or parent of young children with and without special needs in North Carolina you have access to a large collection of print and video materials from each of these libraries by using this website.
**Assistance: Food, Financial, & Other**

Also see Alexander County Schools on page 13 for every elementary, middle, and high school in Alexander County which provides:

- Weekend food through the Rotary Backpack Program (or H.A.V.E.S pantry at ACHS)
- Free and Reduced School Lunch Program
- Clothing closet
- Emergency Financial Crisis Assistance
- NC Foundation for Public School Children Scholarships for eyeglasses, school supplies, clothing/shoes, some medications, critical dental services, hearing devices, some individual field trip fees, etc.
- Prevent Blindness North Carolina referrals to assist with vision services.
- Referrals to other helping services.

Please contact your child’s school and speak with the School Social Worker, Counselor, or Nurse for assistance.

Also see Alexander Co. Department of Social Services on page 3.

Also see The Bridge Community on page 5.

Also see Salvation Army on page 5.

**Food/Meals Pantries**

**957 Mobile Café**
828-471-7070
First United Methodist Church Mission Campus
54 E Main Ave, Taylorsville, NC 28681
[www.957mobilecafe.org/](http://www.957mobilecafe.org/)
957mobilecafe@gmail.com

A Food ministry that serves meals Mon. - Fri. as well as goes out into Alexander County communities each week and serves a meal to the less fortunate.

Hours: Mission Campus: Mon-Fri 11 AM to 1:30 PM
Stony Point Christian Ministry: Tues 12 PM to 1 PM
Christian Crisis Center: Wed 12 PM to 1 PM
Hiddenite Community Helpers: Thurs 3:30 PM to 5 PM
Christian Crisis Center
828-632-0022
215 5th Ave SW, Taylorsville, NC 28681
Hours: Mon-Fri 9:00 AM to 12:00 PM
Provides food once monthly for individuals and families who are in need in Alexander County. Also provides financial crisis assistance for things such as rent, utility bills, and heating fuel.

Good Samaritan Food Pantry-Mt. Pisgah Lutheran Church
828-495-8251
9379 Hwy 127 N, Hickory, NC 28601
Hours: Mon 3:00 PM to 5:00 PM, Fri 1:00 PM to 3:00 PM
mtpisgah@charter.net
mtpisgahelca@gmail.com
Provides food and some hygiene supplies once monthly for individuals and families in need in Alexander County.

Hiddenite Community Helpers
828-320-5269
45 Fire Department Ct, Hiddenite, NC 28636
Hours: Tues & Thurs 4:00 PM to 6:00 PM
www.hiddenitehelpers.org/
Provides food and some hygiene supplies once monthly for individuals and families in need in Alexander County.

Stony Point Christian Ministry Center
704-585-6634
411 Ruritan Park Rd, Stony Point, NC 29678
Hours: Tue and Thurs 12:00 PM to 3:00 PM
Provides food once monthly for individuals and families in need in Alexander County. Clothes and housewares available at low cost.

Hickory Soup Kitchen
828-327-4828
110 2nd Street Pl SE, Hickory, NC 28602 or PO Box 1431 Hickory, NC 28603
Hours: Mon-Fri 7:00 AM to 1:00 PM
www.hickorysoupkitchen.org/
Provides hot meals, safe shower facilities, take-home groceries, and other various services.
Sponsors School Backpack food program in Alexander County, as well as a Christmas shopping spree and gift cards for low-income students. Contact your child's school for access.

**Cell Phone and Internet Assistance**

**Lifeline Assistance Program**
800-234-9473
www.checklifeline.org/lifeline

Federal benefit program that offers free or low-cost smart phone, minutes, text, and data to qualifying individuals. Also partners with internet companies. You may qualify based on household income or if you or a member of your household participates in certain public assistance programs like Medicaid/Medi-Cal, Food Stamps/SNAP, or SSI.

**Partnering Phone Plan Providers:**
- **Assurance Wireless**
  888-321-5880 toll-free
  www.assurancewireless.com/Public/Welcome.aspx
- **Access Wireless**
  www.accesswireless.com/lifeline/enroll
- **Safelink Wireless**
  www.safelinkwireless.com

**Partnering and Other Discount Internet Providers:**
- **AT&T**
  855-301-0355
  www.att.com/internet/access/
  Offers a $10 monthly internet service with no deposit for recipients of SNAP, SSI, or other qualifying program/income. Also offers discounts through Lifeline Assistance Program.
- **CenturyLink**
  800-244-1111 or for Spanish 800-201-4099
  www.centurylink.com/aboutus/community/community-development/lifeline.html
  Provides low-cost high speed broadband internet where available.
- **Spectrum Internet Assist**
  www.spectrum.net/support/internet/spectrum-internet-assist/
  Discount internet, where available, to qualifying low-income households.
Free Wi-Fi Hotspots in Alexander County

- **Alexander Co. Library**: 77 1st Ave. SW, Taylorsville, NC 28681
- **Alexander Co. Senior Center**: 730 7th St SW, Taylorsville, NC 28681
- **Alexander Co. Board of Education**: 700 Liledoun Rd. Taylorsville, NC 28681
- **Alexander Co. Administration Building**: 621 Liledoun Rd, Taylorsville, NC 28681

*Students can access internet on Chromebooks at the following schools:*

- **ACHS**: available in front parking area of auditorium and cafeteria (Teacher Parking Lot)
- **AEC**: available in the front parking area
- **BES**: available in the parking area adjacent to the walking track
- **EAMS**: available in the front parking lot of school (Building Entrance Area)
- **EES**: available in the front parking lot area as well as parking near the baseball field
- **HES**: available at both the front parking area and the rear parking area
- **SPES**: available at both the front parking area and rear area
- **SLES**: available in parking area closest to media location
- **TES**: available in parking area closest to 4-5 pod (near entrance to softball field) as well as parking area adjacent to cafeteria
- **WAMS**: available in parking area at back of building
- **WES**: available in the front parking area of building

**Other Assistance**

**Alexander County Habitat for Humanity**

*Restore Thrift Shop*

828-635-0832

176 Westgate Shopping Center, Taylorsville, NC 28681

Hours: Wed-Fri 9:00 AM to 6:00 PM, Sat 9:00 AM to 4:00 PM


Sells new and gently used furniture, home accessories, building materials, and appliances, etc. to the public at a fraction of the retail price. Proceeds are used to build homes, community, and help locally and around the world.

*Habitat House Ownership Program*

828-635-7889

194 E. Main Ave, Taylorsville, NC 28681

[www.alexhabitat.org](http://www.alexhabitat.org)

Habitat builds and rehabilites simple, decent houses with the help of the potential homeowner (partner) families. Habitat houses are sold to partner families at no profit, financed with affordable, no-interest loans. Families are selected through an application process.
Blue Ridge Community Action
828-438-6255
800 N Green St, Morganton, NC 28655
Hours: Mon-Fri 8:30 AM to 5:00 PM
www.brcainc.org/
    Offers free weatherization of home and replacement of heating and air units to those who meet income guidelines in order to help reduce energy costs.

American Red Cross
800-733-2767
Catawba Valley Chapter
828-322-4151
1375 Lenoir Rhyne Blvd, Hickory, NC 28602
www.redcross.org
www.redcross.org/nc/hickory
    A humanitarian organization that provides emergency assistance, disaster relief, and education in the U.S.

Social Security and SSI Benefits
Hickory Office
888-877-1615 or
800-735-8262 (Hearing impaired call our toll-free TTY number)
1501 US Hwy 321 NW, Hickory, NC 28601
Hours: Mon-Fri 9:00 AM to 4:00 PM (In person meetings by appointment only.)
www.ssa.gov

United Way of Alexander County
828-234-2588
PO Box 232 or 54 E Main Ave, Taylorsville, NC 28681
www.unitedwayalexander.org/
    Works to improve people’s lives in the areas of education, income, and health by supporting local agencies and referring residents to helping resources.
**Child Care**

For Daycare Vouchers please see Alexander Co. Department of Social Services on page 3.

**Alexander Central High School Child Development Center (CDC)**
828-635-3404 or 828-632-7063 Ext 141
223 School Dr, Taylorsville, NC 28681

Baby Cougars program for children ages 3-5 years old only. Operates only during the school year, Mon-Fri 7:30 am to 4:00 pm.

**Alexander County Head Start**
828-632-3809
700 Liledoun Rd, Taylorsville, NC 28681
www.alexander.k12.nc.us/headstart

Provides comprehensive early childhood education, health, nutrition and parent involvement services to low-income children and their families.

**Alexander Early Head Start**
828-635-1479
401 E Main Ave, Taylorsville, NC 28681
www.enolagroup.org/ehs-programs/child-development-centers

Ages 0-3 years old only. Early Head Start operates year-round Mon-Fri 7:30 to 1:30 (free for qualifying children). Wrap Care services available to these children for a fee from 1:30 pm to 5:00 pm. Early Learning Center provides childcare from 7:30 am to 5:00 pm.

**Bethlehem Baptist Childcare**
828-228-4171
850 Antioch Church Rd, Taylorsville, NC 28681
www.bethlehembc.org/childcare/

Ages 0-5 years old only. Operates year-round Mon-Fri 6:30 am to 6:00 pm.

**Calling Kids Child Development Center (CDC)**
828-632-1960
191 Ervin St, Hiddenite, NC 28636

Ages 6 weeks-12 years old. Operates year-round Mon- Thurs 6:30 am to 5:30 pm and Fridays 6:30 am to 4:30 pm. Offers part-time, full-time, and before and after school care.
First Baptist Child Development Center (CDC)
828 632-7859
321 W Main Ave, Taylorsville, NC 28681
www.taylorsvillefirstbaptist.com/-daycare.html
   Ages 0-5 years old only. Operates year-round Mon-Fri 6:30 am to 6:00 pm.

Millersville Child Development Center (CDC)
828-635-0530
130 Millersville Church Rd, Taylorsville, NC 28681
www.millersvillebc.com/development.htm
   Ages 0-5 years old only. Open year-round Mon-Fri 6:00 am to 6:00 pm.

MT Bethel UMC Child Development Center (CDC)
828-598-0121
9042 NC Hwy 127 N, Hickory, NC 28601
mtbethelumc.org/children-youth/child-development-center
   Ages 6 weeks-5 years old only. Operates year-round Mon-Fri 6:00 am to 6:00 pm. Offers full-week, drop-off, temporary, and emergency care.

New Beginnings Child Enrichment Center
704-585-2380
4485 Old Mountain Rd, Stony Point, NC 28678 (Sloan Center Building)
www.nbcec.com/index.html
   Ages 0-14 years old. Offers full and part-time care year-round Mon-Fri 6:00 am to 5:30 pm. Before and after school care available during the school year. $25 application fee.

The Tot Spot Childcare Center
828-352-8795 or 828-381-8791
1591 Hwy 90 W, Taylorsville, NC 28681
www.thetotspot.me/
   Ages 0-5 years old only. Operates year-round Mon-Fri 6:00 am to 6:00 pm.
Alexander County Schools Before and After School Care
828-632-3072 ext. 3660
www.alexander.k12.nc.us/domain/911
For elementary school aged children. Operates during the school year only, Mon-Fri 6:00 am to 7:45 am and 3:20 pm to 6:00 pm. $25 application fee.
Locations:
- Bethlehem Elementary School: 828-495-4922
- Ellendale Elementary School: 828-632-0042
- Hiddenite Elementary School: 828-632-2505 Ext 3544
- Stony Point Elementary School: 704-585-6981
- Taylorsville Elementary School: 828-632-3072 Ext 3658
- Wittenburg Elementary School: 828-632-2395

NC Department of Health and Human Services Division of Child Development and Early Education
800-859-0829 or 919-527-6335
www.ncchildcare.nc.gov/general/mb_contact.asp
Provides information to help you make the best possible childcare choices. The Division records a variety of information on regulated facilities that you might find useful in your search.

Region 9 Child Care Resource & Referral
704-878-9980 or 877-670-8735
734 Salisbury Rd, Statesville, NC 28677
www.iredellsmartstart.org/region9.htm
www.region9ccrr.org
Free Resource and Referral service offers individual childcare referrals to help families choose the childcare program that best fits their needs. Provides up-to-date information about local childcare options, quality indicators, and steps to take when seeking care.
Children’s Services

Alexander County Partnership for Children (Smart Start)
828-632-3799
1565 NC Hwy 90 W or PO Box 1661, Taylorsville NC 28681
www.alexanderchildren.org
A private non-profit organization that provides free services for families with children birth through age five in Alexander County. Current programs include a Lending Library and Resource Room, Circle of Parents Parent Support Group, Child Passenger Safety Seat Program, Child Care Resource and Referral Program, Dolly Parton’s Imagination Library, and NC Pre-K.

Family, Infant, and Preschool Program (FIPP)
828-433-2661
300 Enola Rd, Morganton, NC 28655
www.fipp.org
Provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties in Western North Carolina. Provides early intervention services, parent education, pregnancy support, and neonatal intensive care follow-up.

Pharos Parenting-Formerly SCAN of Iredell County
704-878-2227
1602 Davie Ave, Statesville, NC 28677
www.pharosparenting.org/programs-overview
The agency helps guide parents through the troubled waters of parenthood. Currently offering in-home support (Parent Aide), supervised visitation (Family Connections), parenting classes (Love and Logic and Triple P), in-home therapeutic support (Carolina’s Child), and a reunification program (Coaching to Permanence).

If you know your child best!

If you suspect your child has a developmental delay or disability, don’t wait to ask for support!

If your child is under the age of 3 contact the Children’s Developmental Services Agency at 828-433-5171.
If your child is 3 or older contact Alexander County Schools at 828-632-7001.
Services for Children with Disabilities

Local Interagency Coordinating Council (LICC)
Please call your local CDSA office to get current information about your county’s LICC contacts:
919-707-5523

Comprised of representatives from various agencies and parents of children with disabilities who work together to ensure that services for children with disabilities are efficient and family friendly.

Children’s Developmental Services Agency (CDSA)
828-433-5171
145-A W Parker Rd, Morganton, NC 28655
www.beeearly.nc.gov

Provides early intervention services for children who have developmental disabilities or delays, ages birth to 3.

Children’s Neurotherapy Services
www.cnsclinic.com/
Contracts with the Children’s Developmental Service Agencies (CDSA) to provide Community Based Rehabilitative Services (CBRS) as well as Occupational, Physical and Speech Therapy to children under 3 years of age.

- **Granite Falls**
  Phone: 828-212-0256
  4012 Hickory Blvd, Granite Falls, NC 28630

- **Hickory**
  Phone: 828-267-1688
  1087 13th St SE, Hickory, NC 28602

BEGINNINGS for Parents of Children Who are Deaf
800-541-4327
156 Wind Chime Ct, Suite A, Raleigh, NC 27615
www.ncbegin.org/raleigh@ncbegin.org

Provides emotional support and access to information as a central resource for families with deaf or hard of hearing children, age birth through 21.
Early Intervention Program for Children Who Are Deaf or Hard of Hearing
828-432-5352

Offers services to children (up to age three) who are deaf, hard of hearing, or deaf/blind. Itinerant professionals provide family-centered intervention services concentrating on language and communication skill development to establish a smooth transition to the local education agency.

Governor Morehead Preschool
828-433-2980
517 W Fleming Dr, Morganton, NC 28655
www.govenormoorehead.net

Provides a variety of services for infants, toddlers, and preschoolers with visual impairments. Services may be delivered in homes, childcare centers, and classrooms.

Exceptional Equestrians
828-433-2291
300 Enola Rd, Morganton NC 28655

A therapeutic horseback riding program for adults and children with disabilities. Also provides volunteer opportunities for adults and youth to assist in providing services.

TEACCH Center (Charlotte site serves Alexander Co.)
704-563-4103
5701 Executive Center Dr, Suite 108, Charlotte, NC 28212
www.teacch.com/

Services for individuals on the Autism Spectrum, includes diagnostic evaluations, individual intervention services, support groups, parent mentors, parent teaching sessions education and training such as workshops for parents, teachers, and other professionals.
Developmental Milestones are skills such as taking a first step, smiling for the first time, and waving “bye bye” Children reach milestones in how they play, learn, speak, act, and move (crawling, walking, etc.). These milestones provide a guide for typical child development and can help parents and caregivers to recognize a concern in development.

To learn more about developmental milestones visit:

https://www.cdc.gov/ncbddd/actearly/milestones/index.html

or

Download the “Milestone Tracker” app from your app store.

Content source: National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention
**Child Advocacy Centers**

**Children’s Advocacy and Protection Center of Catawba County**
828-465-9296
4360 County Home Rd, Conover, NC 28613
www.catawbacountycapc.org/capc/

Child advocacy center for Catawba County for child victims of sexual or severe physical abuse. Works with the multidisciplinary team that includes DSS, law enforcement, and the District Attorney’s office. Services include forensic interviews, medical examination, counseling, court advocacy, and a support group for non-offending parents/caretakers.

**Dove House Children’s Advocacy Center**
704-883-9814
2407 Simonton Rd, Statesville, NC 28687
PO Box 825, Statesville, NC 28687
www.dovehousecac.org/

Child advocacy center for Alexander and Iredell Counties for child victims of sexual assault or abuse. Works with the multidisciplinary team that includes DSS, law enforcement, and the District Attorney’s office. Services include forensic interviews, medical examination, court advocacy, and resource referral.

**Robin’s Nest**
828-754-6262
1051 Harper Ave SW, Lenoir, NC 28645
www.robinsnestcac.org/

Child advocacy center for Caldwell County for child victims of sexual or severe physical abuse. Works with the multidisciplinary team that includes DSS, law enforcement, and the District Attorney’s office. Services include forensic interviews, medical examination, counseling, court advocacy, and resource referral.
Children’s Activities

Organizations/Clubs

Alexander County 4-H
828-632-4451
376 1st Ave SW, Taylorsville, NC 28601
www.alexander.ces.ncsu.edu/categories/4-h-youth-development/
www.alexander.ces.ncsu.edu/alexander-4-h-clubs-and-groups/ (List of local groups)

Alexander County YMCA
828-632-9699
260 Black Oak Ridge Rd, Taylorsville, NC 28681
PO Box 10, Taylorsville, NC 28681
www.ymcanwnc.org/locations/alexander-county-family-ymca/
Offers great group exercise programs and a comprehensive wellness center, as well as a wide range of youth development programs.

Boy Scouts of America (Troop 274)
828-632-4257
279 Main Ave Dr, Taylorsville, North Carolina
www.facebook.com/pg/BoyScoutTroop274/about/?ref=page_internal

Girl Scouts
828-328-2444
208 Union Square NW, Suite 101, Hickory, NC 28602
www.girlscoutsp2p.org/
Parks

Bethlehem Park
187 Bethlehem Park Ln, Taylorsville, NC 28681

East Alexander Park
201 East Alexander Park Ln, Hiddenite, NC 28636

Ellendale Ruritan Park
Ellendale School Rd, Taylorsville, NC 28681

Dusty Ridge Park
360 Dusty Ridge Access Rd, Taylorsville, NC 28681

Jaycee Park
Jaycee Park Loop, Taylorsville, NC 28681

Matheson Park
828-632-2218
Matheson Park Ln, Taylorsville, NC 28681
http://www.taylorsvillenc.com/mathesonPark.htm

Riverbend Park
828-256-9157
6700 NC Hwy 16 N, Conover, NC 28613
www.catawbacountync.gov/county-services/parks/riverbend-park/

Rink Dam Boat Dock
828-632-7937
3210 Rink Dam Rd, Taylorsville, NC 28681
https://www.facebook.com/pages/Rink-Dam-Boat-Dock/108235292551453
Rocky Face Park
828-632-1093
3451 Rocky Face Church Rd, Hiddenite, NC 28636
www.rockyfacepark.com/

Salem Park
4000 Hwy 16 S, Taylorsville, NC 28681

Suncrest Water Park
828-632-2731
6806 All Healing Springs Rd, Taylorsville, NC 28681
www.suncrestwaterpark.net/

Taylorsville Beach Scuba & Marina
828-632-7649
420 Taylorsville Beach Ct, Taylorsville, NC 28681
www.lakehickoryscuba.com/
   A full-service dive center, marina, and boat shop.

Taylorsville Town Park
32 Town Park Ave, Taylorsville, NC 28681

Athletics/Sports/Dance/Gymnastics
Alexander County Parks and Recreation Department
828-632-1104
151 West Main Ave, Taylorsville, NC 28681
http://alexandercountync.gov/departments/parks-and-recreation/
Recreation activities for boys and girls ages 3 and up (ages vary by sport). Offers football, volleyball, cheerleading, tee ball, soft ball, baseball, basketball, and soccer. Teams operate in Bethlehem, Ellendale, Hiddenite, Stony Point, Sugarloaf, Taylorsville, and Wittenburg.

Brushy Mountain Sports Park
828-635-7766
2491 Lambert Fork Rd, Taylorsville, NC 28681
www.bmmspark.com/
Brushy Mountain Golf Course
828-632-4804
300 Golf Course Ln, Taylorsville, NC 28681
www.brushymountaingolf.com/

Pollard’s Raceway Park (Go-Carts)
828-632-0966
74 Bandit St, Taylorsville, NC 28681
www.facebook.com/Pollard-Raceway-Park-167993826652070/
   A family friendly racetrack with fun for all ages.

Statesville Fitness & Activity Center
704-878-3944
1875 Simonton Rd, Statesville, NC 28625
www.statesvillenc.net/resident/fitness&activitycenter/tabid/105/default.aspx
   A facility dedicated to helping citizens live healthy lifestyles.

Special Olympics of North Carolina
800-843-6276
2200 Gateway Centre Blvd, Suite 201, Morrisville, NC 27560
www.sonc.net
   Provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. This gives them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Special Olympics North Carolina- Alexander County
Amy Pruett- Local Program Coordinator
alexander@sonc.net
https://sonc.net/local-programs/alexander-county/

Walkin’ Roll Activities League, Inc.
828-228-0616
PO Box 334, Claremont, NC  28610
www.walkinroll.org/
   Supports and nurtures individuals with developmental disabilities by providing team building opportunities through T-Ball, bowling, swimming, dancing and other group activities.
Foothills Equestrian Center  
828-381-0473  
531 Starnes Ln, Taylorsville, NC 28681  
www.foothillsweb.com/  
Provides riding lessons, boarding, leasing, clinics, and parties.

Lake Pointe Equestrian Center  
704-996-6074  
2998 Teague Town Rd, Taylorsville, NC 28681  
www.lakepointeec.com  
Lessons, leasing, parties, homeschool programs, and summer camps.

All That Dance  
828-638-8527  
1st Ave SW, Taylorsville, NC 28681  
www.allthatdancetay.wixsite.com/allthatdance  
Fine Arts dance studio offering classes in ballet, tap, jazz, hip hop, lyrical, liturgical, and modern dance for ages 3 years old and up.

Parallel Dance Collaborative  
704-500-6623  
120 7th St SW, Taylorsville, NC 28681  
www.facebook.com/paralleldancecollaborative/  

Foothills Gymnastics Training Center  
828-328-3794  
920 29th Ave NE, Hickory, NC 28601  
www.foothillsgymnastics.com/  
Offers gymnastics, cheerleading, tumbling, dance, and martial arts classes.

Kristie Phillips Athletic Center (KPAC)  
704-872-2888  
2809 Amity Hill Rd, Statesville, NC  
PO Box 997, Troutman, NC 28166  
www.kpacgymnastics.com  
Offers competitive gymnastics, recreational gymnastics, cheerleading and dance.
**Arts/Science/History**

**Hiddenite Arts and Heritage Center (Lucas Mansion)**
828-632-6966
316 Hiddenite Church Rd, Hiddenite, NC 28636
[www.hiddenitearts.org/](http://www.hiddenitearts.org/)

A non-profit organization, serving the people of Northwest North Carolina by providing quality arts and cultural heritage programming that is accessible for all.

**Studio 3 Music School**
**Music Director:** 828-381-0007, **Administrator:** 828-352-3526
54 E Main Ave, Taylorsville, NC 28681
PO Box 383, Taylorsville, NC 28681
[www.studio3nc.com/](http://www.studio3nc.com/)
[www.Facebook.com/studio3nc](http://www.Facebook.com/studio3nc)

Provides a true music education through the study, practice and performance of music, helping students to move toward confident possession of their gifts and skills as accomplished musicians.

**Emerald Hollow Mine**
828-635-1126
484 Emerald Hollow Mine Dr, Hiddenite, NC 28636
[www.emeraldhollowmine.com](http://www.emeraldhollowmine.com)

Find rare gemstones in the rough.

**Hickory Museum of Art**
828-327-8576
243 3rd Ave NE, Hickory, NC 28601
[www.hickoryart.org/](http://www.hickoryart.org/)

General admission to Hickory Museum of Art is FREE.

**Catawba Science Center**
828-322-8169
243 3rd Ave NE or PO Box 2431, Hickory, NC 28603
[www.catawbascience.org/](http://www.catawbascience.org/)
**Murray’s Mill Historic Site**  
828-241-4299  
1489 Murray’s Mill Rd, Catawba NC 28609  
www.catawbahistory.org/murrays-mill  
A national historic district located in Catawba, NC.

**Farms/Orchards**

**Deal Orchards Inc.**  
828-632-2304  
7400 NC Hwy 16 N, Taylorsville, NC 28681  
www.dealorchards.com

**Farmers’ Daughter**  
828-312-8137  
2150 Friendship Church Rd, Taylorsville, NC 28681  
www.thefarmersdaughternc.com/  
A strawberry and mixed vegetable farm.

**Perry Lowe Orchards**  
336-921-3123 or 828-632-7913  
8741 NC Hwy 16 N, Moravian Falls, NC 28654  
www.perryloweorchards.com/

**Sugarloaf Orchards**  
828-635-7477  
7415 NC Hwy 16 N, Taylorsville NC, NC 28681  
www.ncagr.gov/ncproducts/ShowSite.asp?ID=102197

**Camps**

**Hickory Cove Bible Camp**  
828-632-2987  
170 Ferguson Ln, Taylorsville, NC 28681  
www.hickorycove.org/  
Offers Christian oriented camps, retreats, and events for children and adults.
Dental Care

Also See Alexander County Health Department on page 4.

Apple Valley Family Dentistry
828-632-7008
167 1st Ave SW, Taylorsville, NC 28681
www.facebook.com/applevallzelfamilydentistry/
   A general dentistry office.

Carolina Dental Care Center (Dr. Smith, DMD)
828-635-8510
556 NC Hwy 16 S, Taylorsville, NC 28681
www.carolinadentalcarecenter.com
   Provides dental work using the newest techniques and technologies available in dentistry.

Dr. William Hackney
828-632-9515
285 NC Hwy 16 S, Taylorsville NC 28681
www.hackneydental.com/
   Dental practice that offers various dental procedures and practices.

Taylorsville Family Dentistry (Dr. Boone Groce, DMD)
828-352-7557
310 NC Hwy 16 S, Taylorsville, NC 28681
www.taylorsvillefamilydentist.com
   A general dentistry office.

Taylorsville Pediatric Dentistry
828-635-9200
167 1st Ave SW, Taylorsville, NC 28681
www.taylorsvillepediatricdentistry.com
   Pediatric dentistry office.
Domestic Violence Services

Shelter Home of Caldwell County
Domestic Violence Program of Alexander County
Office: 828-635-8850, Crisis Line: 828-635-8881
Shelter: 828-758-0888,
54 E Main Ave, Taylorsville, NC 28681
www.shelterhomecc.org/

The Shelter Home of Caldwell County (SHCC) provides emergency and support services for victims/survivors of domestic violence, rape and sexual assault and their children. They operate an emergency shelter located in Caldwell County. They also offer court advocacy, peer support groups, case management, Domestic Violence Assessment for victims and children, resource and referral, and community education.

Family Guidance Center
24/7 Domestic Violence Hotline: 828-228-1787
24/7 Sexual Assault Hotline: 828-302-6952
17 Hwy 70 SE, Hickory NC 28602
www.fgcservices.com/

Provides a range of specialized services to victims of domestic violence, rape, and sexual assault as well as their families. They operate an emergency shelter for victims and children of domestic violence in Catawba County. The also offer victim support groups, therapy, case management, court advocacy/accompaniment, and a treatment group for abusers.

My Sister’s House
704-872-3403
www.facebook.com/My-Sisters-House-of-Iredell-County-146420412287/

A program of 5th Street Ministries, My Sister’s House is a shelter located in Iredell County for women and children fleeing domestic or sexual violence. Counselors and advocates work directly with individuals, providing hospital and court advocacy, peer support and case management services.
Employment and Job Training

Bridgette’s Staffing
828-635-6323
499 E Main Ave, Taylorsville, NC 28681
www.brigettesstaffing.com/

A full-service employment agency that offers temp to hire employees, temporary employees, and permanently staffed employees.

Call Center: 888-737-0259 for help by telephone.
des.nc.gov/des for online services.

Government agency that assists with various unemployment issues.

Goodwill Industries
Career Connections Center Catawba County
828-466-2346
837 Conover Blvd W, Conover, NC
Hours: Mon-Fri 8:00 AM to 5:00 PM
www.goodwillnwnc.org/catawba-county-career-center/

Provides virtual and in-person assistance with job searches, applications, resumes, interviews, skills training, GED readiness, and re-entry services for former offenders.

I-CARE Family Support Services
CSBG Building Opportunities for Self-Sufficiency
704-872-8141
1415 Shelton Ave, Statesville, NC 28677
Hours: Mon-Fri 8:00 AM to 5:00 PM
www.icare-inc.org/family-support-services

Provides assistance to low income families and individuals to become self-sufficient. Assistance and training include: financial management, job readiness, education, employment, and housing. Participation is contingent upon space availability and enrollment.

Locations:

- Alexander County Department of Social Services 828-632-1080
  Hours: Tues & Thurs 9:00 AM to 11:30 AM

- CVCC Alexander Center for Education 828-632-8221
  Hours: Tues 1:30 PM to 4:00 PM
NC Works

Caldwell Site
828-759-4680
1909 Hickory Blvd, Lenoir, NC 28645
Hours: Mon-Thurs 8:00 AM to 4:30 PM; Fri 8:00 AM to 12:00 PM; Call for appointment

Iredell Site
704-878-4241
133 Island Ford Rd, Statesville, NC 28625
Hours: Mon-Fri 8:00 AM to 4:30 PM (Closed 2nd Fri of each month at 12:00 PM) Call for appointment.

Catawba Site
828-466-5535
403 Conover Station, SE Suite C, Conover, NC 28613
Hours: Mon-Thurs 8:00 AM to 4:30 PM; Fri 8:00 AM to 12:00 PM; Call for appointment.

www.ncworks.gov
A one-stop online and in-person resource for job seekers and employers in NC. Job seekers can search for jobs, create resumes, and find educational training. Employers can find candidates, post jobs, and search labor market information.

Unemployment Career Center
604 7th St SW, Taylorsville, NC 28681
(Located inside the Department of Social Services.)
Provides a computer and printer to assist with job seeking and filing for unemployment benefits.

Vocational Rehabilitation Services
Hickory Office
828-322-2921 or 855-820-1113
1261 10th Ave Ln SE, Hickory, NC 28602
Hours: Mon-Fri 8:00 AM to 5:00 PM; Must call for appointment.
www.ncdhhs.gov/divisions/dvrs
Provides counseling, training, education, transportation, job placement, assistive technology, and other support services to people with disabilities.
Housing: Assistance and Emergency

Western Piedmont Council of Governments- Regional Housing Authority
(Alexander, Burke, and Caldwell County Section 8/HUD Housing)
828-322-9191
1880 2nd Ave, Hickory, NC 28601
Hours: Mon-Fri 8:15 AM to 5:00 PM
www.wpcog.org/
   Provides Low Income and Section 8 housing programs.

Rent Subsidized Housing

Crest Knolls & Ridgeway Apartments
828-632-8206
16 Crest Knolls St SE, Taylorsville, NC 28681
   Rental Assistance: Rent charged on a sliding fee scale based on income.

Mountainwood Apartments
828-632-9380
100 2nd Ave NW, Taylorsville, NC 28681
   Rental assistance: Rent charged on a sliding fee scale based on income.

Milstead Woods Apartments
828-632-2805
15 Milstead Woods Ct, Taylorsville, NC 28681
   Have units set aside for renting based on a tiered income system.

Shelters/Emergency

Also see The Bridge Community for temporary housing assistance on page 5.

Also See Salvation Army for an emergency shelter on page 5.

Emergency Shelters for Victims of Domestic Violence also see page 37.

5th St. Ministries
704-872-4045
1421 Fifth St, Statesville, North Carolina 28687
www.fifthstreetministries.com
   Offers a night shelter, transitional housing, community soup kitchen, nursing clinic, and clothing closet.
Kwanzaa Family Inn
828-758-2621
1631 Old N Rd, Lenoir, NC
www.facebook.com/KwanzaaFamilyInnWomensShelter28645/
A homeless shelter and transitional home for women and their minor children. Residents do not have to leave during daytime hours; minimal daily fees.

Family Care Center of Catawba Valley
828-324-9917
2875 Highland Ave NE, Hickory, NC 28601
www.familycare-center.org/
Provides transitional and emergency housing for families with dependent children along with physical, emotional, social, and educational services to assist families in the transition to becoming self-sufficient.

_**Campgrounds**_

Linney’s Mill and Campground
704-592-2075
4635 Linney’s Mill Rd, Union Grove, NC 28689
www.linneysmill.com/
A family business producing stoneground corn mill and grits, and offering campsites, renting weekly.

Love Valley Camping
919-349-3541
160 Henry Martin Trail, Statesville, NC 28625
townoflovevalley.com/camping
Love Valley is nestled in the foothills of the Brushy Mountains northeast of Taylorsville. It is a town all its own, away from the hustle of the city life, with a leisurely atmosphere of an old western community. Love Valley’s downtown invites visitors to ride into town on the dirt road, hitch their horses to the hitching rails, stroll along the boardwalk and visit. Parking is available for visitors, by car or motorcycle, as well. From Easter to Halloween, the town host events including rodeos, horse and wagon parades, concerts, and a chili cook-off. Multiple campgrounds are located within the town of Love Valley. All campgrounds support Horse Trailer parking.

Moravian Falls Family Campground and Cabin Rentals
336-667-6150
536 Falls Rd, Moravian Falls, NC 28654
www.moravianfallscampground.com
Unique camping and cabin rentals located on Moravian Creek and Waterfalls. Family owned and operated business includes hot showers, full hookups, tent sites, fishing pond, and camp store.
Immigrant & Latinx Resources

Centro Latino of Hickory
828-330-0477
984-212-3288 Immigration Services
2259 12th Ave NE, Hickory, NC 28601
PO Box 104, Hickory, NC 28603
www.centrolatinohickory.com/

Catawba County Hispanic Ministry that provides homework assistance and literacy instruction for at-risk students from grades K-5, interpreters, job postings, food pantry, referral to: health care, immigration services, and government agencies. They also have an accredited representative to help with all types of immigration needs.

La Coalición-Latin American Coalition
704-531-3848 Ext 4
4938 Central Ave, Charlotte, NC 28205
www.latinamericancoalition.org/

Provides an immigrant welcome center, worker center, legal immigration center, and more.

The following has been adapted from a handout created by La Coalición:

¡Conozca sus Derechos!
Como Protegerse Y Proteger A Su Familia Durante Las Redadas Migratorias

Que Puedo hacer?
1. Si un oficial viene a su casa NO ABRA LA PUERTA!
2. Preguntele al oficial si tiene una orden de arresto. Puede decir “Do you have a warrant?” Pidale al oficial que le muestre la orden de arresto poniéndola por debajo de la Puerta.
3. Cuando tenga la orden, busque si tiene: su nombre, dirección, y una firma. ¡Usted no tiene que abrir la Puerta si no le muestran una orden válida.
4. Si la orden autoriza su arresto pero no la inspeccion de su casa, usted puede salir de su casa para encontrarse con el oficial pero no los deje entrar.

¡Conozca sus Derechos!
Si inmigración o la policía lo detiene:

➢ Pase la tarjeta abajo que esta en Ingles al agente y guarde silencio.
➢ La tarjeta explica que usted quiere ejercer su derecho a no contestar preguntas sin consultar un abogado.

To Whom it May Concern:
Please be informed that I am choosing to exercise my right to remain silent and the right to refuse to answer your questions. If I am detained, I request to contact an attorney immediately. I am also exercising my right to refuse to sign anything until I consult with my attorney.

Thank You
Legal Services

Legal Aid of NC
828-437-8280 or 1-800-849-5195
211 E Union St, Morganton, NC 28655
www.legalaidnc.org

Provides free legal help to low-income North Carolinians in civil cases involving basic human needs like safety, shelter, income, and more. They do not handle divorce, criminal defense, immigration, or traffic cases.

Attorneys

All of the following provide a variety of legal services in and around Alexander Co.

Beale, Kevin, Attorney at Law
828-632-8833
22 W Main Ave, Taylorsville, NC 28681

Benbow, Davidson, and Martin PC
828-632-2268
35 E Main Ave, Taylorsville, NC 28681
www.statesvillelaw.com

Campbell, Robert E.
828-632-3977
340 NC Hwy 16 S, Taylorsville, NC 28681
www.robertcampbell.com

Davis, Mark T., Attorney at Law
828-632-9293
441 W Main Ave, Taylorsville, NC 28681

Groff, Melissa Attorney at Law
828-632-2000
163 Main Ave Dr NE, Taylorsville, NC 28681
grofflawfirm.com

Harbison & Brzykcy, Attorneys at Law
828-632-4264
PO Box 400 or 70 E Main Ave, Taylorsville, NC 28681
www.alexanderlawyers.com
Hedrick, Edward L., Attorney at Law
828-455-2507
22 W Main Ave, Taylorsville, NC 28681
www.edhedrickattorney.com

Ralston, Benton, Byerley, & Moore, PLLC
171 Main Ave Dr, Taylorsville, NC 28681
828-635-0098
www.rbbmlaw.com

Taylor, Kimberly S., Attorney at Law
828-635-0312
415 Hwy 16 S, Taylorsville, NC 28681
PO Box 1237, Taylorsville, NC 28681
www.kimberlystaylor.com
Provides legal service: mediation, family law, personal injury, criminal defense, autism issues and criminal family law.

Organizations
Guardian ad Litem Program
704-832-6621
203 Constitution Ln, Statesville, NC 28677
www.gald22a.weebly.com
Provides specially trained advocates, appointed by a judge, who fight for the rights of children during the most vulnerable time of their young lives. There is a trusted adult empowered to ensure that each child is well cared for, able to find a safe, loving, and permanent home.

North Carolina Bar Association
1-919-677-0561
8000 Weston Pkwy, Cary, NC 27513
www.ncbar.org
Provides legal services and lawyer referral service.

North Carolina Bar Lawyer Referral Service
919-828-4620 or 800-662-7660
www.ncbar.gov/public-resources/lawyer-referral-service/
North Carolina Department of Justice/Attorney General
919-716-6400
Main Campus
114 W Edenton St, Raleigh, NC 27603
www.ncdoj.gov
Handles consumer complaints about fraud, scams, robo calls, crime prevention, environmental protection, and internet safety.

NC Department of Insurance’s Consumer Services Division
855-408-1212
Albemarle Building
325 N Salisbury St, Raleigh NC 27603-5926
www.ncdoi.com/Consumer
Answers your questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified disease, and other coverages.

NC Department of Labor
919-807-2796 or 800-NC-LABOR
4 W Edenton St, Raleigh, NC 27601
www.nclabor.com
Handles administrative rules regarding workplace safety, wage and hours laws, and discrimination.

Office for Civil Rights U.S. Department of Health and Human Services
Sam Nunn Atlanta Federal Center, Suite 16T70
61 Forsyth St, SW Atlanta, GA 30303-8909
Customer Response Center: 800-368-1019
Fax: 202-619-3818
TDD: 800-537-7697
Email: ocrmail@hhs.gov
www.hhs.gov/ocr/index.html
www.ocrportal.hhs.gov/ocr/smartscreen/main.jsf (Complaint portal)
Office for Civil Rights (OCR) enforces federal civil rights laws, conscience and religious freedom laws, the Health Insurance Portability and Accountability Act (HIPAA) Privacy, Security, and Breach Notification Rules, and the Patient Safety Act and Rule, which together protect your fundamental rights of nondiscrimination, conscience, religious freedom, and health information privacy. Contact them to file a complaint.
It is the mission of the Office for Civil Rights is to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights. Programs or activities that receive ED funds must provide aid, benefits or services in a nondiscriminatory manner in an environment free from discriminatory harassment that limits educational opportunities. You may file a complaint with OCR using OCR’s electronic complaint form at the following website: http://www.ed.gov/about/offices/list/ocr/complaintintro.html.
IMMUNIZATIONS

Let’s keep our kids safe!
North Carolina law requires every child to have a basic series of immunizations. In order for child care centers and schools to maintain compliance with the immunization laws, it is necessary to have a copy of an updated immunization record or immunization card endorsed by a registered nurse, physician, or clinic within 30-days of enrollment on file at the child care center or school. If a child is exempt from vaccination because of medical condition or religious objection, this should be noted on the immunization certificate and supported in the child’s file with documentation from the physician or religious authority.

All children in North Carolina are required to be vaccinated against:
- Diphtheria
- Hepatitis B
- Hib Disease
- Measles
- Meningococcal
- Mumps
- Pertussis (whooping cough)
- Pneumococcal
- Polio
- Rubella
- Tetanus
- Varicella (chickenpox)

The CDC also recommends children be vaccinated against the following diseases, although immunization against these diseases is not required for children in North Carolina:
- Hepatitis A
- Influenza
- Rotavirus
- Human Papillomavirus

For more information, call 1-800-CDC-INFO (1-800-232-3646) or visit www.cdc.gov/vaccines/parents. You may also call Alexander County Health Department at 828-632-9704.
Medical Care

Also see Alexander Co. Health Department on page 4.

General/Family Physicians

Catawba Valley Family Medicine
828-632-7076 or After-Hours Physician: 828-324-0258
50 Macedonia Church Rd, Suite A, Taylorsville, NC 28681
www.cvmgonline.org/our-practices/taylorsville-family-medicine/
  Care for individuals’ various medical needs.

Bethlehem Family Practice
828-495-8226
174 Bolick Ln #202, Taylorsville, NC 28681
www.cornerstonehealth.com/facility-listing/bethlehem-family-practice
  Care for individuals’ various medical needs.

Family Care Center- Iredell Health System
828-632-9736
1668 NC Hwy 16 S, Taylorsville, NC 28681
www.iredellhealth.org/locations/Family-Care-Center-Taylorsville.aspx
  Care for individuals’ various medical needs.

Davis Medical Group-Stony Point Family Medicine
704-585-9373
35 Ruritan Park Rd, Stony Point, NC 28678
  A patient-centered primary care provider.
**Kintegra Family Medicine**
704-874-3316 or 704-838-1234  
1022 Shelton Ave, Statesville, NC 28677  
www.kintegra.org/kintegra-family-medicine-statesville/  
   Primary medical care for children and adults on a sliding fee scale; accepts most major insurance. Also offers a pharmacy, medication assistance, and behavioral counseling and medication management. Spanish interpretation is available.

---

**Pediatricians/Child Specialists**

**Piedmont Pediatrics**
704-838-8245 or After-Hours Nurse Line: Outside of normal business hours, please call UNC Health link Nurse Line at 1-888-267-3675.  
129 Sherlock Dr, Statesville, NC 28625  
www.phcpediatrics.com  
   Specializes in well-child visits, preventive care, immunizations and more for children from birth through age 18.

---

**Statesville Children’s Clinic**
704-872-9595  
518 Brookdale Dr, Statesville, NC 28677  
www.gfhs.info/statesville-childrens-clinic/  
   A community sponsored, family-centered provider of health care, health education and preventive care services without regard for the ability to pay.

---

**Catawba Pediatrics**
828-322-2550  
240 18th St Circle SE, Unifour Medical Commons, Hickory, NC 28602  
www.catawbapediatrics.net/  
   Provides pediatric care to newborns through adolescents in Hickory, North Carolina and the surrounding areas.

---

**The Child Health Center, PA**
828-322-4453, After Hours Emergency Telephone: 828-315-5000  
1455 25th Ave Dr NE, Hickory, NC 28601  
www.thechildhealthcenter.com  
   Pediatric care from birth through college age.
Unifour Pediatrics
828-328-1118
PO Box 1347, Conover, NC 28613
3411 Graystone Place SE, Conover, NC 28613
www.unifourpeds.com
Provides comprehensive pediatric care, serving the health care needs of patients from infants up through age 21.

Hospitals

Catawba Valley Medical Center
828-326-3000
810 Fairgrove Church Rd SE, Hickory, NC 28602
catawbavalleymedical.org/
Hospital that offers a full range of medical services and specialties.

Frye Regional Medical Center
828-315-5000
420 N Center St, Hickory, NC 28601
www.fryemedctr.com
Hospital that offers a full range of medical services and specialties.

Davis Regional Medical Center
704 873-0281
218 Old Mocksville Rd, Statesville, NC 28625
Hospital that offers a full range of medical services and specialties.

Iredell Memorial Hospital
704-873-5661
557 Brookdale Dr, Statesville, NC 28677
www.iredellhealth.org/
Hospital that helps individuals with a variety of medical needs.
Forsyth Medical Center
336-718-5000
3333 Silas Creek Pkwy, Winston Salem NC, 27103
www.novanthealth.org/forsyth-medical-center.aspx
Hospital that offers a full range of medical services and specialties.

Wake Forest Baptist Medical Center
336-716-2011
Medical Center Blvd, Winston-Salem, NC 27157
www.wakehealth.edu
Hospital that offers a full range of medical services and specialties.

Wilkes Regional Medical Center
336-651-8100
1370 W D St, North Wilkesboro, NC 28659
PO Box 609, North Wilkesboro, NC 28659
www.wilkesregional.com
Hospital that offers a full range of medical services and specialties.

Urgent Care

Mountain View Urgent Care
828-270-3604 (Taylorsville)
828-330-2103 (Mountain View)
828-330-2103 (Morganton)
1: 2872 S NC Hwy 127, Hickory, NC 28602
2: 60 2nd Ave SW, Taylorsville, NC 28681
3: 1101 N Green St, Morganton, NC 28655
4: 1366 Hwy 16 S, Newton, NC 28658
Hours: Mon-Sat 9:00 AM to 9:00 PM, Sun 10:00 AM to 6:00 PM; closed for lunch 1:00 PM to 2:00 PM.
www.urgentcareofmountainview.com/
Treats a variety of illnesses and injuries in the urgent care setting.

Chiropractors

Holland Family Practice (Dr. Tyler Holland)
828-352-9151
92 Main Ave Dr, Taylorsville, NC 28681
www.drtylerhfc.com
Main Avenue Chiropractic
828-635-7377
12 W Main Ave, Taylorsville, NC 28681
www.mainavechiro.com

Taylorsville Chiropractic Clinic (Dr. Mark Freeman)
828-632-0044
365 Liledoun Rd, Taylorsville, NC 28681
www.taylorsvillechiropracticclinic.com

Richard Williams Chiropractic
828-598-0371
174 Bolick Ln, Suite 102, Taylorsville, NC 28681
www.richardwilliamschiropractic.com/

Orthopedists
Carolina Orthopedic Specialists (EmergeOrtho) (Other locations as well)
828-635-8430
50 Macedonia Church Rd, Taylorsville, NC 28681
www.carolinaortho.com/
  Comprehensive orthopedic care for the spine, joints, hand, feet and ankles.

Health Insurance
Also see Alexander Co. Department of Social Services on pages 3-4.

Healthcare.gov
800-318-2596
www.healthcare.gov
  Health insurance marketplace to find health coverage that fits your budget and meets your needs. A federal government website managed by the U.S. Centers for Medicare & Medicaid Services.
Offers different ways that may help pay for some or all of the cost of health care. Each program helps people and families with certain health needs and is income based.

**Other Medical Resources**

**AIDS Leadership Foothills Area Alliance (ALFA) & AIDS Support Group**
828-322-1447 or 800-473-1447
1120 Fairgrove Church Rd, SE, Suite 28, Hickory, NC 28602
www.alfainfo.org/
Answer questions and help people infected or affected by HIV to connect with community resources and services throughout a nine-county service area – Alexander, Alleghany, Ashe, Burke, Caldwell, Catawba, Lincoln, Watauga and Wilkes.

**North Carolina Poison Control Center**
800-222-1222 or 911
www.aapcc.org/
Supports poison control centers in their efforts to prevent and treat poison exposures. Poison centers offer free, confidential, expert medical advice 24 hours a day, seven days a week through the Poison Help line.

**Medication Assistance**

Also see Bridge Community on page 5.

**Needy Meds**
1-800-503-6897
www.needymeds.org/
A national non-profit organization that maintains a website of free information on programs that help people who cannot afford medications and healthcare costs.

**North Carolina Drug Card**
www.northcarolinadrugcard.com/index.php
Prescription assistance program.
**Medication Assistance Program (MAP)**
**NC Department of Health and Human Services**
919-855-4800
2001 Mail Service Center, Raleigh, NC 27699-2001
www.ncdhhs.gov/assistance/low-income-services/medication-assistance-program
   Provides access to free prescription drugs for uninsured, low-income individuals.

**NC Med Assist**
704-536-1790
www.medassist.org/
   A nonprofit pharmacy program providing access to lifesaving prescription medications, patient support, advocacy and related services to poor, vulnerable, and uninsured North Carolina residents.

**Prescription Assistance 360**
888-331-1002
www.prescriptionassistance360.org
   For uninsured Americans who cannot afford their prescribed medications.

**Rx Assist**
1-401-729-3284
www.rxassist.org/
info@rxassist.org
   Online comprehensive database of medication assistance programs.

**Rx Advocates**
1-844-259-6053
www.get.patientassistanceprograms.com/?gclid=CPU64q6h3tQCFUcbayQodyEQPX
A nationwide advocacy service that helps individuals to apply for Patient Assistance Programs offered by pharmaceutical companies.

**PAP Advocates**
1-800-970-4183
www.papadvocates.com/?gclid=CMO5Zuh3tQCFR64wAodBu8BVQ
   A nationwide advocacy group for patients in need of lowering their monthly prescription medication costs.
**Local Pharmacies**

**Bethlehem Pharmacy**  
828-495-8258  
9471 NC Hwy 127, Hickory, NC 28601  
[www.stores.healthmart.com/Bethlehempharmacy/stores.aspx](http://www.stores.healthmart.com/Bethlehempharmacy/stores.aspx)  
- Full-service pharmacy and pharmacy services to serve all of your prescription and health care needs.

**Lowry Drug Advanced Health and Wellness Center**  
704-873-2247  
750 Hartness Rd, Statesville, NC 28677  
[www.lowrydrug.com/shop/](http://www.lowrydrug.com/shop/)  
- Full-service pharmacy with a state-of-the-art compounding laboratory to serve all of your prescription needs.

**Office Practice of Pharmacy**  
828-632-8591  
24 Commerce Dr, Taylorsville, NC 28681  
[www.officepracticeofpharmacy.com/](http://www.officepracticeofpharmacy.com/)  
- info@officepracticeofpharmacy.com  
- Provides pharmacy services to meet prescription needs.

**Operation Medicine Drop Box** (Alexander County Sheriff’s Department)  
828-632-1111  
91 Commercial Park Ave, Taylorsville, NC 28681  
- Provides citizens a convenient and safe way of disposing unneeded and unwanted medications from their homes, thereby reducing the possibility for accidental or intentional misuse.

**Peoples Drug**  
828-632-2271  
255 NC Hwy 16 S, Taylorsville, NC 28681  
[www.stores.healthmart.com/peoplesdrugstorepharmacy/stores.aspx](http://www.stores.healthmart.com/peoplesdrugstorepharmacy/stores.aspx)  
- Provides pharmacy services to meet prescription needs.
Town & Country Drugs  
828-632-2278  
53 E Main Ave, Taylorsville, NC, 28681  
www.townandcountrync.com/  
Provides pharmacy services to meet prescription needs. Provides citizens a convenient and safe way of disposing unneeded and unwanted medications.

Mental Health Care

Also See Alexander Co. Health Department on page 4.

Also See Kintegra Family Health on page 49.

National Suicide Prevention Lifeline  
800-273-8255  
www.suicidepreventionlifeline.org/  
Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Counseling and Support Associates, PC  
828-244-5725  
121 East Main Ave, Taylorsville, NC 2881  
www.casaatlkn.com/casa-taylorsville/  
Counseling to adults, couples, adolescents, and children. Also offers individual and group substance abuse counseling, DWI-specific assessments and treatment, and the Positive Changes Batterer Intervention Program (an NC certified program for perpetrators of domestic violence). Accepts Alexander Co. Medicaid and most major insurance companies. Telehealth services available.

Crossroads Counseling Center  
828-327-6633  
858 2nd St NE #101, Hickory, NC 28601  
www.crossroadscounseling.org/  
Provides counseling for individuals, families, couples, and groups. Conducts Formal Psychological Evaluations and Autism Testing as well as Psychiatric Services. Telehealth and telephonic visits available. Accepts Alexander Co. Medicaid and most major insurance companies.
Individual, family and/or group therapy, crisis intervention, psychiatric evaluation, and medication management. Also provides service to adults with severe and persistent mental health needs and intellectual and developmental disabilities.

Family NET
828-695-6500
3030 11th Ave Dr SE, Hickory, NC 28602
Provides mental health, medication management, and substance abuse services to children and adolescents.

Jodi Province Counseling Services
336-818-0733
1260 College Ave, Suite 1, Wilkesboro, NC 28697
www.jodiprovincecs.com/
Outpatient mental health agency who offers evidence-based therapies and works closely with many human service entities and various practitioners to provide the best care possible for our patients.

McNiel Family Counseling
704-641-4515
5860 US Hwy 64-90, Taylorsville, NC 28681
www.mcnielfamilycounseling.com
Promotes secure, loving, and healthy interactions within families through nurturing, supportive, and playful therapeutic interventions. Provides school-based counseling in Alexander Co., and services in office or in home. Accepts Alexander Co. Medicaid and most major insurance companies.
New Directions
www.newdirectionscs.com

Offers therapy/counseling for individuals, groups, couples, families, teens, child play therapy, EMDR (Eye Movement Desensitization and Reprocessing for treatment of traumas), comprehensive psychological evaluations, 24/7 emergency services for established clients. Accepts Alexander Co. Medicaid, United Healthcare, and most major insurance companies.

Locations:
- Lenoir
  Phone: 828-754-6087  315 Wilkesboro Blvd NE, Suite 1A, Lenoir, NC 28645
- Hickory
  Phone: 828-267-1740  201 Government Ave SW, Suite 305, Hickory, NC 28602

RHA Health Services
828-848-2515
393 3rd Ave SW, Taylorsville, NC 28681
www.rha.org/


- Comprehensive Psychological Evaluation
  RHA partners with Mentor Behavioral Healthcare to provide a variety of formal evaluations that can be conducted at the Taylorsville office.

- Mobile Crisis - RHA Health Services
  888-573-1006
  Mobile Crisis offers 24/7/365 intensive, on-site intervention to people of all ages who are experiencing a crisis due to mental health disturbances, developmental disabilities, or addiction. Professionals come to the home, work, school or wherever in the community the crisis occurs.

Turning Point Family Services
800-311-7072
542 Brookdale Dr, Statesville, NC 28677
www.turningpointfamilyservices.org/

Offers individual and family counseling, medication management, intensive in-home services, foster care services. Telehealth visits available. Accepts Alexander County Medicaid and most major insurance companies.
Intensive, Inpatient, and Residential Programs

Baptist Children’s Homes of NC, Inc.
336-474-1200 or NC 800-476-3669 (Administrative Office)
www.bchfamily.org/help

Faith-based organization that provides a variety of programs and services for children and families, including wilderness camps, equine therapy, cottage home care (for individuals with behavioral issues or intellectual and developmental disabilities), foster care, emergency care, teen mothers, and more. Multiple locations throughout North Carolina. Sliding fee scales offered for direct referral (meaning parents or caretakers can contact and refer directly).

Children’s Hope Alliance
704-872-4157 or 1-800-395-2591
156 Frazier Loop, Statesville, NC 28677
www.childrenshopealliance.org/

Offers foster care, adoption & post adoption services, intensive in-home and intensive family preservation services, parenting workshops & classes, residential services, substance abuse treatment, formal psychological evaluations, outpatient individual and family therapy, and school-based counseling (offered in Iredell Statesville Schools only).

Daymark Recovery Services
www.daymarkrecovery.org/

Offers outpatient mental health and substance abuse treatment for children, adolescents, and adults. Services vary by location, but typically include individual counseling, medication management, intensive in-home, and more. Accepts Medicaid and most major insurance companies, sliding fee scales available for uninsured patients.

- Wilkes Center
  Phone: 336-667-5151  1400 Willow Ln, West Park C61-2, North Wilkesboro, NC 28659

- Iredell Center
  Phone: 704-873-1114  518 Signal Hill Dr Ext, Statesville, NC 28625

- Caiyalynn Burrell Child Crisis Center
  Phone: 877-277-8873  277 Biltmore Ave, Asheville, NC 28801

Facility-Based Crisis Service for children and adolescents, ages 6-17, provides an alternative to hospitalization for an eligible child or adolescent who has escalated behavior due to a mental health, intellectual or development disability or substance use disorder and requires treatment in a 24-hour residential facility.
Mission Children’s Hospital
828-213-1740
www.missionhealth.org/services-treatments/pediatrics/developmental-and-behavioral-medicine/

- **Pediatric Psychiatry Unit**
  Phone: 828-213-4055
  509 Biltmore Ave, Asheville, NC 28801
  For children ages 4-11 years and young people ages 12-18 suffering from severe emotional disturbances or mental illness. They receive intensive supervision, short-term help with medications, evaluation of additional medical problems and therapy. The region's only designated inpatient facility for young psychiatric patients. Referrals preferred from a physician.

- **Olson Huff Center**
  Phone: 828-213-1780
  11 Vanderbilt Park Dr, Asheville, NC 28801
  Conducts diagnostic services, medical treatments, therapy and behavioral services for infants, children and adolescents who have difficulties with development, behavior and learning. We also provide support and guidance for families and caregivers of children with special needs. Referral must be made by a physician.

Sipe’s Orchard Homes
828-256-3310
4431 County Home Rd, Hickory, NC 28613
www.sipesorchardhome.org/transitionalliving/
  Residential program for both male and female youth ages 16-21 who do not have the financial, academic, emotional, or behavioral skills necessary for independent living. This program is designed to provide residents with the tools and practice needed to gain successful independence.

Old Vineyard Behavioral Health Services
855-234-5920
3637 Old Vineyard Rd, Winston-Salem, NC 27104
www.oldvineyardbhs.com/services/treatment-programs/adolescents/
  Adolescent Inpatient Program for teens ages 12 to 17 who are in crisis, treatment designed for intensive psychiatric conditions where the likelihood of harm — to self or others — is significant. Accepts Medicaid, Medicare, and most major insurance companies.
Youth Villages
828-268-7200
895 State Farm Rd, Bldg 500, Ste 505, Boone, NC 28607
www.youthvillages.org

Intensive in-home treatment programs provide help for troubled teenagers, children and families in their own homes at times convenient for the families through the Intercept and MST programs. Their YV LifeSet is an intensive community-based program that works with 16–21-year-olds (especially those exiting foster care) in transitioning to successful adulthood by helping them to establish relational permanency, housing, mental and physical health, career and employment, life skills and education.

Other

J. Iverson Riddle Developmental Center
Center for Early Communication & Learning
828-438-6503 or 828-433-2731
300 Enola Rd, Morganton, NC 28655
www.ncdhhs.gov/divisions/dsohf/j-iveron-riddle-developmental-center

Provides services to individuals with intellectual developmental disabilities who are at least 18 years of age with Complex behavioral challenges and/or medical conditions with clinical treatment needs, who meet the ICF-IID level of care for whom community resources have been explored and appropriate community-based services are not available.

Vaya Health
1-877-492-2785 or 1-800-893-6246
825 Wilkesboro Blvd SE, Lenoir, NC 28645
www.vayahealth.com/

Works with providers in 23 counties to provide care coordination, support, and referral services for clients with intellectual and developmental disabilities, mental health, and substance abuse issues.
Substance Abuse Treatment

Addiction Recovery Medical Services (ARMS)
704-872-0234 (After Hours Crisis Line: 704-878-8121)
31 E Main St, Taylorsville, NC 28681
Hours: Mon-Thurs 5:00 AM to 12:00 PM (New Patient Walk-Ins Mon-Wed 5:00 AM to 9:30 AM)
Fri: 5:00 AM to 11:30 AM
Sat: 6:30 AM to 9:30 AM
Sun: 7:30 AM to 8 AM (invitation only)
www.armscanhelp.com

Outpatient Substance Abuse Treatment Program usually consists of individual, group, and family therapy and education. Treatment and detox for opioid, cocaine, methamphetamine, benzodiazepine, and alcohol use disorders. Provides medication management using methadone and buprenorphine. Accepts Medicaid and other insurances; fees based on individual needs.

The Cognitive Connection
828-327-6026
929 15th St NE, Hickory, NC 28601
www.thecogcon.com/

Comprehensive substance abuse treatment that offers Medication Assisted Treatment, individual and family counseling, group therapy, peer support, Cognitive Behavioral Intervention, employment support, and DWI services. Accepts Medicaid and offers a sliding fee scale or assistance through grants.

McLeod Addictive Disease Center

Hours: Mon-Fri 5:00 AM to 12:00 PM; Sat-Sun 6:00 AM to 9:00 AM
www.mcleodcenter.com

Provides substance abuse and behavioral health treatment through outpatient medication assistance treatment (MAT) and case management, and residential treatment for substance abuse and DWI.

Locations for MAT:
- **Lenoir**
  Phone: 828-610-2740  
  222 Morganton Blvd, Lenoir, NC 28645
- **Hickory**
  Phone: 828-464-1172  
  1170 Fairgrove Church Rd, Hickory, NC 28601
- **Statesville**
  Phone: 704-871-2992  
  636 Signal Hill Dr Ext, Statesville, NC 28625
Bethel Colony of Mercy
828-754-3781 or 828-754-9987
1675 Bethel Colony Rd, Lenoir, NC 28645
www.bethelcolony.org/
   Provides a free residential Christian approach to treating substance abuse and alcoholism for male and female adults.

Alcoholics Anonymous
www.aa.org/
www.meetings.intherooms.com/meetings/search?latitude=35.922395&longitude=-81.169933&proximity=100
   An international fellowship of men and women who have had a drinking problem. It is non-professional, self-supporting, multiracial, apolitical, and available almost everywhere.

Narcotics Anonymous (at Taylorsville Presbyterian Church)
866-801-6621
279 W Main Ave Dr, Taylorsville, NC 28681
www.findrecovery.com
   Meetings are open-format. Speakers vary.
Safe Sleep

Creating a safe sleep environment means you are minimizing your baby’s risk of Sudden Infant Death Syndrome (SIDS) and other sleep-related causes of infant death.

Here are the basic guidelines*:

- Use a firm sleep surface, such as a waterproof mattress in a safety-approved crib, covered by a fitted sheet.
- Do not use pillows, blankets, sheepskins, or crib bumpers in baby’s sleep area.
- Keep soft objects, toys, and loose bedding out of the sleep area.
- Do not smoke or let anyone smoke around infants.
- Make sure nothing covers the baby’s head.
- Always place infants on their backs to sleep for naps and at night.
- Put infants to sleep in light clothing, such as a one-piece sleeper, and do not use a blanket.
- Infants should NEVER sleep in an adult bed, on a couch, or on a chair, alone or with anyone else.
- Tummy time is important for building strong arm and neck muscles, but only when your baby is awake and supervised.

For more information:
Contact the Consumer Product Safety Commission
1-800-638-2272
Or
www.cpsc.gov
Parenting Groups/Classes

Alexander County Partnership for Children (Smart Start)
828-632-3799
1565 NC Hwy 90 W or PO Box 1661, Taylorsville NC 28681
www.alexanderchildren.org
  Circle of Parents offers a friendly supportive environment, led by parents and caregivers of children ages 0-5, to openly discuss successes and challenges of raising children.

Alexander Early Head Start
828-635-1479
401 E Main Ave, Taylorsville, NC 28681
www.enolagroup.org/ehs-programs/child-development-centers
  Provides parenting support through parenting classes, in home visiting, workshops, playgroups and activities for families with children birth to age 3.

Autism Society of NC: Alexander County Chapter
800-442-2762
www.autismsociety-nc.org
  Provides support to families that helps to improve the lives of individuals with autism and their families, and educates communities.

Family Support Network- HOPE Network
828-256-5202
PO Box 11395, Hickory, NC 28603
www.fsnnc.org
  Provides parent-to-parent support, information and referral, support groups, workshops, and social activities for families with children (birth – age 22) who have disabilities or special needs and their services providers.

Life Connections of the Carolinas D-A-S-H
980-999-3274
E-mail: info@lifeconnections.us
www.lifeconnections.us/
  Life Connections of the Carolinas offers life skills programs and coaching to Alexander County residents through their DASH programs. There is no cost for services.
  - **Strengthening Families** is an evidence-based educational program for youth 6-11 or 12-17 that incorporates parents and siblings to create a stronger and healthier family.
• DASH Mentoring provides youth ages 7-17 and their families with a natural support mentoring experience. Our approach is based on a “youth initiated mentoring” model which links kids with positive adults already in their life.

MOPS (Mothers of Preschoolers)
www.mops.org  
Location of Meetings:  
Dudley Shoals Baptist Church  
828-396-7300  
1882 Dudley Shoals Rd, Granite Falls, NC 28630-8424  
http://www.dudleyshoalsbaptistchurch.org  
First United Methodist Church  
828-526-6684  
311 3rd Ave NE, Hickory, NC 28601  
http://www.mops.org/groups/first-united-methodist-hickory  
Lakeview Baptist Church  
4080 N Center St, Hickory, NC 28601  
www.lakeviewbaptistchurch.net

NC Mothers of Multiples (MOM)  
Catawba Valley Mothers of Multiples  
www.ncmom.org/  
A non-profit support group for mothers of twins, triplets and higher order multiples in the Catawba Valley and surrounding areas.

Triple P – Positive Parenting Program Online  
Triple P or Positive Parenting is an approach to parenting that gives parents tools and strategies to raise their child in an environment that is safe, loving and predictable. Triple P’s positive parenting allows parents to decide what is important to them. It doesn’t tell parents how to raise their children, but gives them the confidence and skills to build good relationships with their child, set boundaries and rules, and follow up with consequences that aren’t harmful.
**Pregnancy Help**

**Caring Hearts Pregnancy Center**  
Office: 828-632-1680  
24/7 Hotline: 800-712-HELP (4357)  
PO Box 164 or 135 7th St SW, Ste A, Taylorsville, NC 28681  
Hours: Tues-Thurs 9:00 AM to 6:00 PM  
www.caringheartspc.com/  

A faith-based non-profit organization that provides free and confidential services to expectant parents or parents of young children. Services include pregnancy tests, ultrasounds, pregnancy counseling, adoption referrals, material support (diapers, clothes, bottles etc.), parent training, fatherhood program, and other resource referrals.

**Florence Crittenton Services**  
704-372-4663  
3350 Holabird Ln, Charlotte, NC 28208  
www.fcsnc.org/  

Multiple residential programs for pregnant women, mothers enrolled in DSS custody, or non-pregnant young women aged 16-21 enrolled in DSS custody. They provide counseling, parenting classes, life skill classes, vocational and educational programs and more for residents.

**For Love of Baby**  
828-446-6705  
E-mail: laura@forloveofbaby.com  
www.facebook.com/forloveofbaby/  

A pregnancy care center for families during pregnancy, labor and birth, and after birth, and help parents get to know their baby. Offering doula services, childbirth education, breast-feeding classes and support, in-home support, pregnancy and after baby fitness. Serving Alexander and surrounding counties.

**La Leche League**  
Lori Barklage 828-994-2220  
Marie and Twannettes Bakery Cafe  
31 N College St, Newton, NC  
www.lllofnc.org/  

Support group helps mothers breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.
Planned Parenthood
336-768-2980
3000 Maplewood Ave, Ste 112, Winston-Salem, NC 27103
704-536-7233
4822 Albemarle Rd #103 and #104 & 106, Charlotte, NC 28205
www.plannedparenthood.org/1
Providers of high-quality, affordable health care, and the nation’s largest provider of sex education.

Transportation
Also see Alexander Co. Department of Social Services-Medicaid Transportation on page 3.

Greenway Public Transportation
828-632-1112
PO Box 459, Conover, NC 28613
www.mygreenway.org/
Administrative office
621 Liledoun Rd, Taylorsville, NC 28681
1515 4th St SW, Conover, NC  28613
Provides cost effective and efficient transportation services to the public.

Vision Services
Also see Alexander County Schools General Assistance on pages 13 and 16.
Also see Alexander Co. Department of Social Services-Services for the Blind on page 3.

Bethlehem Eye Care
828-495-1234
304 Rink Dam Rd, Taylorsville, NC 28681
Optometrist

Family Vision Center
828-632-4566
545 NC Hwy 16 S, Taylorsville, NC
Optometrist
McKinnon Eye Clinic
828-632-9005, 704-873-1463
#1: 399 3rd Ave SW, Taylorsville, NC 28681
#2: 1835 Davie Ave, Suite 413, Statesville, NC 28677
Specializes in ophthalmology with one physician.

National Vision
704-872-0509
1116 Crossroads Dr, Statesville, NC 28625 (Inside Walmart)
Low-cost eyeglasses for children and adults; additional vouchers available.

NC Eye Bank
336-765-0932
3900 Westpoint Blvd, Suite F, Winston-Salem, NC 27103
www.miraclesinsight.org
kgrijalva@miraclesinsight.org
Helps to restore sight to men, women, and children around the world. We work with hospitals, hospices and other facilities to recover corneal tissue from those who have chosen to donate organs, tissues and eyes upon their passing.

North Carolina Lions Foundation, Inc.
828-478-2135 or 800-662-7401
7050 Camp Dogwood Dr, Sherrill’s Ford, NC 28673
PO Box 39, Sherrill’s Ford, NC 28673
www.nclionsinc.org
A nonprofit organization working closely with community-based North Carolina Lions Clubs, offering a camp and retreats for the blind and visually impaired, support and mobility canes, and low vision aids. Also, Local Lions Clubs help people in financial need with the cost of glasses, exams, and surgeries.

Prevent Blindness North Carolina
919-755-5044
4011 West Chase Blvd, Ste 225, Raleigh, NC 27607
www.nc.preventblindness.org
Delivers direct service programs designed to preserve sight through screening, publications, safety, education, information, and referral through volunteer efforts. PBNC’s mission is to reach people before blindness strikes.
Other Helpful Resources

Generations United
25 E St NW 3rd Floor, Washington, DC 20001
202-289-3979
www.gu.org

Improving the lives of children, youth, and older adults through intergenerational collaboration, public policies, and programs. Serves as a resource for grandparents parenting grandchildren.

North Carolina Assistive Technology Programs
828-433-2431
200 Enola Rd, Morganton, NC 28655
www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program

The North Carolina Assistive Technology Program (NCATP) is a state and federally funded program that provides assistive technology services statewide to people of all ages and abilities. NCATP leads North Carolina’s efforts to carry out the federal Assistive Technology Act of 2004 by providing device demonstration, short-term device loans, and reutilization of assistive technology. We promote independence for people with disabilities through access to technology.

Trading Post
828-632-4533
184 NC Hwy 16 N, Taylorsville, NC 28681
www.facebook.com/tradingpostproduce/

Offers wholesale and retail produce.
Enroll your child in IMAGINATION LIBRARY!

Children receive one FREE children’s book in the mail each month until their 5th birthday!

Dolly Parton’s Imagination Library is now in Alexander County!

Register Here!

http://www.smartstart.org/dpil-registration