Spring Fling 2023 was one we will always remember! We are excited to share that around 300 children and their families attended this year's Spring Fling. Over 35 agencies and organizations collaborated with 87 volunteers working together to celebrate and connect with young children in Alexander County!
<table>
<thead>
<tr>
<th>Training</th>
<th>Description</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Registration Deadline</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Aid/CPR</td>
<td>Pediatric CPR and First Aid</td>
<td>July 13, 2023</td>
<td>4:00–8:00pm</td>
<td>CVCC-Alexander Campus</td>
<td>July 11, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
<tr>
<td>Stay Healthy, Stay Clean</td>
<td>Join our Child Care Health Consultant for this training with a focus on healthy and clean classrooms! This training includes information on: • Handwashing (0.5-hours) • Diapering (0.5-hours) • Toileting (0.5-hours) • Sanitation (one-hour)</td>
<td>July 20, 2023</td>
<td>6:00–8:30pm</td>
<td>CVCC-Alexander Center</td>
<td>July 18, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
<tr>
<td>ITS-SIDS</td>
<td>To give child care providers an overview of Sudden Infant Death Syndrome (SIDS). Identify the SIDS risk factors and describe ways to reduce the risk of SIDS in child care. Discuss the requirements of NC laws that require placing infants on their back to sleep, keeping documentation and having a Safe Sleep Policy.</td>
<td>August 3, 2023</td>
<td>6:30–8:30pm</td>
<td>ACPC Office</td>
<td>August 1, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
<tr>
<td>First Aid/CPR</td>
<td>Pediatric CPR and First Aid</td>
<td>August 7, 2023</td>
<td>4:00–8:00pm</td>
<td>CVCC-Alexander Campus</td>
<td>August 3, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
<tr>
<td>QUALITY in the ECERS classroom</td>
<td>Having a high quality learning environment is our goal in Early Childhood Education every day! But what does high quality look like? And how do you improve the quality in the preschool classroom? This training will review elements of a high quality preschool classroom and provide participants the opportunity to create display materials to enhance the quality of the preschool classroom.</td>
<td>August 22, 2023</td>
<td>6:30–8:30pm</td>
<td>ACPC Office</td>
<td>August 17, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
<tr>
<td>First Aid/CPR</td>
<td>Pediatric CPR and First Aid</td>
<td>September 7, 2023</td>
<td>4:00–8:00pm</td>
<td>CVCC-Alexander Campus</td>
<td>September 5, 2023</td>
<td>No FEE for Alexander Providers</td>
</tr>
</tbody>
</table>
| **heART & Soul** | Early Childhood Educators are the heart & soul of child care! Karen Campbell will lead us as we create through collage art and connect with our value and importance in shaping the lives of young children.  
Registration deadline: August 31, 2023 | September 11, 2023  
6:30pm  
1.5 DCDEE Credits  
Karen Campbell  
McLindon’s  
McLindon’s  
No FEE for Alexander Providers |  
**ITS-SIDS** | To give child care providers an overview of Sudden Infant Death Syndrome (SIDS). Identify the SIDS risk factors and describe ways to reduce the risk of SIDS in child care. Discuss the requirements of NC laws that require placing infants on their back to sleep, keeping documentation and having a Safe Sleep Policy.  
Registration deadline: September 19, 2023 | September 21, 2023  
6:30-8:30pm  
2 DCDEE Credits  
Ashli Elder  
ACPC |  
Mark your calendars and plan to attend the 2023 Provider Appreciation Banquet, “**heART & soul!”**  
Join as Karen Campbell leads in collage art and we focus on appreciating Alexander County’s Early Childhood Educators, the heart and soul of child care!! |
“WAGE$ makes me want to keep going with my coursework. I love what I do, but there is not a lot of money in it. WAGE$ is an incentive to do it, to keep going because there is a pot of gold at the end of the rainbow. My supplement increases with more classes. Who doesn’t like getting more money for more education when that coursework also helps change your life? You have education and you have money. It is a win-win. I don’t want to lose my supplement. It’s a big incentive.”  
— Aisha Tillery, NC Pre-K assistant teacher in Cumberland County

To find out if you are eligible to apply for WAGE$, visit: https://www.childcareservices.org/programs/wages/qualify/